Students from the B.F. Norton and Garvin Memorial Elementary Schools in Cumberland will be sharing their artwork in the Cumberland Public Library’s Hayden Art Gallery during the month of February. The exhibit will be accessible whenever the library is open.

Tara Villanova and Kerri Marshall are visual arts educators in the town of Cumberland. The two have a life-long love of art and are excited to share the work of their students in the community. They have chosen a number of pieces created by their students in grades K through 5 to represent a diverse range of subject matter and materials. Artwork was chosen based on excellent craftsmanship and some by subject matter that pertained to English Language Arts and literacy to coincide with the library setting. Inside the Hayden Art Gallery, you will find a range of abstract and realistic artwork, self-portraits, landscapes, and more in a variety of art materials.

The Library is hosting the exhibit as part of Youth Art Month, which was started by the Arts & Creative Materials Institute in 1961 to emphasize the value in young people participating in visual arts education. Youth Art Month is celebrated each March, and those wanting more information about the celebration can find it at http://councilforarteducation.org/youth-art-month/.

For more information about the exhibit or showing event, please contact Aaron Coutu at 333-2552 x128 or acoutu@cumberlandlibrary.org. Area artists interested in booking a future exhibit may also contact Coutu.

**DID YOU KNOW?**

The Library has ten Binge Boxes, collections of movies on a theme. Each box has five movies. Check out the Brat Pack box with “Breakfast Club”, “16 Candles” and more. Or maybe you could laugh with the movies of Mel Brooks. The Musicals box includes, “Grease”, “The King and I” and, “The Sound of Music”. Other Binge Boxes are “I’m not crazy, you are”, “The Future gone wrong”, “Cult favorites”, “Got demons?”, “PG 65”, and “RomComs”. Binge boxes circulate for 21 days. Check it out!

**TECH TIPS**

**Using YouTube to Help Your Sleeping Patterns**

Do you have difficulty falling or staying asleep because of all the little sounds of the night? Or, perhaps your baby is having a tough time sleeping. Consider using white noise.

**What Is White Noise?**

What the average person calls white noise is any indistinct sound that has a hissing but pleasant sound and masks other sounds. These “white noises” could actually be white, brown, pink, or some blend of them. White noise helps mask other sounds and may help with sleep and concentration. There are many variations of “white noise” such as brown and pink. So any random, repeating sound that might help you sleep, study, or focus is considered white noise.

**Recommendations:**

**White Noise for Babies** ([10-12 hours] - With 131 million views, or listens, Relaxing White Noise’s Colicky Baby Sleeps To This Magic Sound is a great place to start. This playlist has almost 50 videos meant just for your little ones but they’ll work for anyone.

**Jason Lewis – Mind Amend** ([3-12 hours] - Producing music or sounds to increase focus, help with meditation, and aid sleep is what Jason Lewis does. Along with his isochronic tone tracks, he has a solid playlist of colored noise with white, brown, and pink noise.

**Calm – Soothing Sounds Playlist** [3-8 hours] - You may already know and use the Calm app. Most of the videos have music or storytelling, but the Soothing Sounds Playlist is white noise as generated by nature.

**Sleep Sounds** [9 hours] - A lesser-known white noise channel, SleepySounds has a nice mix of noises and environmental sounds. Although not in the White Noise playlist, try the Forced Air Heater track. If you find the sound of large ventilation systems relaxing, this will put you out for the night.

**Frank Battiston** (3-8 hours] - When you visit Frank Battiston’s channel you’ll think you’re in the wrong place. It’s mostly video walkthroughs of cruise ship suites. But Frank has 4 white noise videos tucked in there.

**Randall’s Rest & Relaxation** ([8.5-10 hours] - Randall is out there doing the Sandman’s work. He handcrafts each of these fan sounds with real fans. Box fans, ventilation fans, even dehumidifier fans. If you like fans, well Randall is your man.
Stephen King Book & Movie Club: Christine
Tuesday, March 15th, 6:30 pm
Love horror in all of its forms? Then this is the club for you! Katie is celebrating the works of the master of horror Stephen King in this book and movie club. Katie will lead the discussion in the comparison and will often have insights from King’s commentary on how he felt about each work.

Northern Rhode Island Art Group
Wednesday, March 16th, 1:00 pm
The Northern Rhode Island Art Group meets on the 3rd Wednesday of each month to discuss their current artworks and a different theme each month. This group is free and open to the public.

It’s Just the Way it Was: Inside the War on the New England Mob
Wednesday, March 16th, 6:30pm
Joe Broadmeadow and Brendan Doherty will join us this evening to discuss the New England Mafia. They will take us into the behind the scenes of the efforts of Rhode Island police and lawmakers to get the “families” out of their state. In their book, It’s Just the Way It Was: Inside the War on the New England Mob and other stories, Joe Broadmeadow and Brendan Doherty take you inside the investigations, covert surveillances, and murky world of informants in the war against Organized Crime. Be sure no to miss hearing it from two of the good guys who managed to live to tell it.

Professional Headshots by Dan Fox
Thursday, March 17th, 5:30 pm
Are you looking for a job or to improve your social media presence? If so, you should think about getting a headshot! It will convey that you are a professional and can also make you stand out from the crowd. Local photographer Dan Fox will join us to offer free headshots! 1-3 photos will be taken and the best photo will be emailed to the participant within 3 weeks of the event. Space is limited and registration is required.

Crafternoon: Chunky Knit Tin Cans
Saturday, March 26th, 1:30 pm
Crafternoons are time to gather, craft and socialize! For this month’s craft we will be creating these chunky knit tin cans made from clay. Main materials provided. Ages 18+. Space is limited. Registration required.

Spice Club: Back to Basics: Garlic and Onion
Monday, March 28th, 6:30 pm via Zoom
If you love to cook or eat then you will sure to enjoy our Spice Club! Each month you will receive a kit with the featured spices or spice mix, a short history of the spice’s origin and uses, and a few recipes that would pair well with them. Cook with the spice at some point during the month and then discuss your results with us at the monthly meetup! Kits will be available on February 28th for pickup. Registration required. Kits are limited. The zoom link for the meetup will be sent out at 5 pm on the day of the event. Ages 16+.

Adult Grab & Go Craft Kit
Registration opens: March 1st
The Adult Grab & Go Kit of the month is Rope Hanging Planter made with recycled tin cans. Main materials provided in this Kit. Ages 18+. Space is limited. Registration required.
Share your love of reading

Morning Book Discussion: March 9th at 10:00 a.m. This month And Then There Were None by Agatha Christie

Evening Book Discussion: March 14th at 6:30 p.m. This month Firekeeper's Daughter by Angeline Boulley

Stephen King Book and Movie Club: March 15th at 6:30 p.m. This month Christine

Other Worlds Book Club: March 22nd at 6:30 p.m. This month The City We Became by N.K. Jemison

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Monday Matinee—Love is in the Air

March 7th at 1:00 p.m.: “Nights in Rodanthe” - “While I sleep, I dream of you.”

March 14th at 1:00 p.m.: “Message in a Bottle” - “Do you ever really forget your first heartbreak?”

March 21st at 1:00 p.m.: “Dear John” - “What would you do with a letter that changed everything?”

March 28th at 1:00 p.m.: “The Lucky One” - “Their love story began before they even met.”
Cooking and More

Cooking with Lynne

March 2nd: “Coconut Shrimp” Sweet and crispy
March 16th: Irish Soda Bread for St. Patrick’s Day
March 30th: “Spring Risotto with Asparagus and Peas”. Just right for the first days of Spring

Realia

In libraries, realia are things we circulate that are not books or movies. Here you can borrow a telescope, a device to measure kilowatt usage, a ukulele, crochet hooks, robots and so much more. We have realia for children, teens and adults. Check out our “Library of Things” on the 1st and 2nd floors!
library Activities for Teens March 2022

Take and Make Craft:
Pick up an activity from the Teen Center to complete at home. February's craft is magnet stones.

Teen Photo Scavenger Hunt:
Explore the library and grounds with your friends. This hunt is refreshed monthly.

Programs:

Teen Writing Club (Virtual): 3/4 at 3:30 pm
Come join us on Zoom every month for a chance to write and share your work. Get advice and feedback from fellow writers and enjoy some dedicated time for writing. Registration is required, please sign up on our website.

Teen Babysitting Course: 3/19 at 10 am
Come learn about the ups and downs of babysitting, the best ways to advertise your services, how to build your babysitter kit, and basic safety skills to keep yourself and the kids you babysit safe. This program is for Teens ages 12-18. Registration is required, please sign up on our website. Spots are limited.

Teen Drop-In Decor Craft, Record Painting 3/8 at 5 pm
Come hang out with us and paint a record to take home. Registration is required, please sign up on our website. Spots are limited.

Rowdy Showings- "Queen of Blood" 3/29 at 4 pm
Talk over, make fun of costume and acting choices, and ridicule the outdated special effects of older horror and sci-fi movies with us. This series will be monthly through May.

Follow us @ CPL_Teen Center
**Announcements**

**Model Train Display**

Saturday, March 5th from 10am-1pm in the Hayden Center

Bring the children to see operating model railroads with T-Trak and Harry Potter layouts!

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**Krafty Kids Bags**

Crafts will be available at the beginning of each week. They are available on a first come, first served basis and are best suited for children in 5th grade and under.

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**Grab and Go Bags**

**Discovery Bags**

Will be available throughout the month beginning on March 1st at 9 am. They are available on a first come, first served basis and are for families with 3-12 years olds.

One bag per family, please.

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**Tele-Story - Call in!**

Are you looking for a great story any time you want one?

Call 401-333-2552 x8 to listen to the current story.

A new story each Wednesday. Come into the Children's Room and tell us the secret code at the end of the story to win a prize!

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**Spring Storytimes**

March 28 - May 18

Sleepy Storytime- all ages- Mondays at 6:30 pm

Babies and Books- birth through 23 months-Tuesdays at 10 am in the Community Room

Family Storytime- all ages- Wednesdays at 10 am in the Community Room

Presented by the Cumberland Public Library Children’s Room

Call 333-2552 ext. 3 or go to www.cumberlandlibrary.org for more information!
March Programs
For the Children's Room

Chess for Kids
Thursday, March 3 at 6:30pm in the Children's Program Room
Ages 6-10 - Registration required
Would you like to learn how to play chess? Or perhaps you know how to play and are looking for other kids to play a game of chess with. Join us as we learn how to play chess with Arjun, an experienced tournament chess player. You don't have to have any experience to join us.
We will have the chess boards and pieces, you bring the enthusiasm and eagerness to learn.

Explore with Ozobots and Cubelets
Tuesday, March 15 and Tuesday, March 22 at 6:30pm
Ages 6-10 - Registration required - in the Children's Program Room
Join one of our two Robots programs and learn through play! Explore with Ozobots will be held on Tuesday, March 15 at 6:30pm. Ozobots can identify lines, colors, and codes on both digital surfaces, such as an iPad, and physical surfaces, such as paper. Experiment with Cubelets will be held on Tuesday, March 22 at 6:30pm. Cubelets are small color coded cubes that people magnetically stick together to form a variety of simple robots. No experience is necessary.

Virtual Rooster Games
Wednesday, March 16 from 6-8 pm on ZOOM Grades 3-5 Registration required
Children from any community in Rhode Island are eligible to participate.
Children will be assigned to teams, and librarians will host rounds of trivia about the 2022 Rhode Island Children's Book Award Nominees.
We recommend reading as many of the nominees as you can to prepare for the games!

Virtual Lego Club
Saturday, March 19 at 2 pm on ZOOM
LEGO club is back- with a twist! Grab your bricks and join us on Zoom where we will give you challenges to build with time limits, give you time to show off your creations to your friends, and the opportunity to discuss all things LEGO with other LEGO enthusiasts!
Register on our website to get the Zoom link.

Project CHICK Part 1
Wednesday, March 23 at 4 p.m. in the Community Room -Register online
Back by popular demand... Project Chick!
Children of all ages are invited to join library staff for this special event in the Community Room.
A farm educator from Historic New England's Casey Farm in Saugus will read a story and bring a hen. Children can observe and pet the hen.

A display of various bird eggs – from hummingbird to ostrich – will be available for viewing.
The Children's Room will receive fertilized eggs and all the supplies necessary to incubate a clutch of eggs. Patrons can keep an eye on the incubator and wonder for 21 days until the chicks begin to hatch.
The baby chicks will return home to Casey Farm after the Project Chick Part Two program at 4 p.m. on April 20. If you are unable to make the first program, be sure to mark your calendar for this second event or come to both. Children will hear a story and hold our chicks one last time.
Registration opens on Monday, March 14 on a first-come, first-served basis.

Rhody Readers
Wednesday, March 30 at 6 pm Grades 3-5 Registration required
Join us this spring and kick off a new book club for children at the library! This spring we are reading titles from the RI Latino Book Award list, and we’ll vote on our favorite in May!
Rhody Readers can pick up a copy of this month’s selection starting March 7, to read ahead of time for our March 30th meetup. The first 8 who pickup their book get a copy to keep. Pick up your copy in the Children's room.
Read the book on your own, then join us for the book club meeting for a game, a craft, and a book discussion! For March, we are reading 13th Street: Battle of the Bad Breath Bats.
Registration is required in order to receive a book to keep. If readers who pick up a copy do not attend the book club, they will not be able to get a free book for the next session.
The Back Page…

AskRI.org is a collection of databases and helpful online sites that are accessible to all Rhode Islanders. Included in the collection are Tutor.com, which offers online on-demand tutoring for grades K – 12. Flipster is a collection of online magazines. Job & Career Accelerator helps you to research careers, requirements, post resumes and help with applications. Learning Express offers practice tests for the PSAT, SAT, ACT, TOEFL, GMAT, LCAT, MCAT, PCAT, GRE, GED and more. Mango Languages gives you the choice of over 70 languages to learn. Check it out!

Library Hours

Mon-Thur.
9:00-8:00

Fri. & Sat.
9:00-5:00

Sunday
1:00-4:00

What sort of books do librarians read? Sign up for our Staff Picks newsletter from NextReads. It’s easy and free! Just click on the NextReads link on our webpage at www.cumberlandlibrary.org.

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