The Cumberland Monastery is a unique property that consists of approximately 481 acres of land. A Trappist Abbey was started on this property in 1902 and expanded over the next 30 years. The monks relocated to Spencer Massachusetts after the abbey suffered severe fire damage in 1950. Over time the property was purchased by the town. A library and meeting rooms were built in 1976 using parts of the remaining buildings combining three smaller libraries into one. The recreational trails at the Cumberland Monastery can be a confusing maze of former roads and trails. The monks developed trails for recreation and work. Some unused stones from the quarry can still be seen lying around in the woods. Trails are color coded to match the map so you will always know where you are.

TRAILS

Beauregard Trail 1.18 miles
Cart Path Trail 0.64 miles
Field Trail 0.42 miles
Homestead Trail 0.54 miles
Lynch Trail 0.73 miles
Monks Quarry Trail 0.86 miles
Nine Men’s Misery Trail 0.54 miles
Old Road Trail 0.67 miles
Orchard Trail 0.48 miles
Stone Wall Trail 0.36 miles
Wetlands Trail 0.22 miles
Whipple Trail 0.93 miles

GENERAL TRAIL RULES

- Please stay on the trails.
- No hunting, fishing, or collecting.
- Dogs are permitted on leashes.
- Owners must clean up their pet’s mess.
- No ATV’s or other motorized vehicles.
- Please respect neighbor’s private property.
- Take only photos leave only footprints.

Photo Credit: Rhode Island Film Office
Trails thru the woods are blazed with colored symbols as shown on this map. For example, trees along Whipple Trail are blazed with a blue rectangle. Stone Wall Trail with a purple dot. Field Trail with a white triangle, and so on.

Narrow dashed black lines means the trail is not blazed or it goes through a field.

* Monument